



oceania canoe
association

2010

oceania
open

event information

12-21
FEBRUARY
2010

combining canoe
slalom & canoe sprint
with an international
coaching conference

www.oceania.canoe.org.au



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Event Information

Dear Sport Friends,

On behalf of the **Oceania Canoe Association and Australian Canoeing**, we would like to invite you to the **2010 Oceania Open**. This event incorporates the **Oceania Continental Championships in Canoe Slalom**, the **Oceania Canoe Sprint Continental Championships** as well as a festival of associated canoeing activity.

Paddle Power, an international coaching conference focussing on *the Developing Athlete* and the emerging discipline of **Para Canoeing**, will be held at the Australian Institute of Sport in Canberra. We are grateful to the AIS and Olympic Solidarity for their generous support of this event.

The Oceania Open will be held in Penrith and Canberra from the 12th to the 21st of February 2010. During this time, we expect to welcome more than 500 athletes, coaches and officials from around the world in Penrith, including our special friends from within Oceania. Please find a preliminary schedule in this bulletin and check for updates on the event website.

Located at the foothills of the picturesque Blue Mountains on the Western edge of Sydney, **The Penrith Whitewater Stadium** was the venue for the spectacular canoe/kayak slalom competition and the **Sydney International Regatta Centre** the venue for the canoe/kayak Sprint racing at the Sydney 2000 Olympic Games and both venues have been host to many major international events since.

Penrith City proudly boasts a strong tradition of providing a friendly welcome and hospitality to visitors especially to international elite athletes, sports teams and supporters and again are looking forward to welcoming you all to the Penrith Valley for the event.

The Oceania Canoe Association and Australian Canoeing are very proud to have the opportunity to showcase this spectacular event, and we look forward to seeing you on the water!

Helen Brownlee
President, Oceania Canoe Association

Danielle Woodward
President, Australian Canoeing



Organised by Australian Canoeing in conjunction with the Oceania Canoe Association and the International Canoe Federation.

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2010 Oceania Open Program

Provisional Information

12th – 14th February - Oceania Open Canoe Sprint Championship
Sydney International Regatta Centre

- 200m, 500m, 1000m in Men's and Women's categories
- Senior, Under 23 and Junior age groups
- Para Canoeing events

12th February ICF Canoe Sprint International Judges examination

15th - 16th February - "Paddle Power" International Coaching Conference
Australian Institute of Sport, Canberra

- Featured themes "The Developing Athlete" and Para Canoeing
- Case studies in athlete development and performance in slalom and sprint
- Pathways to performance – successful international development programs
- Training for the new Olympic 200m distance
- International keynote speakers, Olympic coaches, Sports Science and Sports Medicine specialists from the Australian Institute of Sport

19th February - ICF Canoe Slalom International Judges examination

19th – 21st February Oceania Open Canoe Slalom Championship
Penrith Whitewater Stadium

- Men's K1, Women's K1, Men's C1, Women's C1, Men's C2
- Senior, Under 23 and Junior age groups

Other events: Rafting, Freestyle, Wildwater Sprints, Flatwater Slalom, Come and Try Canoeing
Check website for details.

Entries and Deadlines

On-line entry forms for Canoe Slalom and Canoe Sprint races will be available from
1st December 2009 at www.oceania.canoe.org.au

Entries close: Canoe Sprint – 28th January 2010
Paddle Power Conference – 28th January 2010
Canoe Slalom – 5th February 2010



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Penrith

Penrith is a thriving city that has retained many of its historic, rural and cultural roots. It is distinguished by its spectacular natural setting being at the foot of the world heritage listed Blue Mountains, on the tranquil Nepean Gorge, surrounded by many hectares of native bushland and wildlife, and having the perfect climate.

More details of what Penrith Valley has to offer, as well as accommodation options, can be found on www.penrithvalley.com.au

Penrith is just 55 minutes drive from either Sydney Airport or the Central Business District and part of the Sydney metropolitan area.

Penrith Whitewater Stadium (PWS)

Penrith Whitewater Stadium was the competition venue for the canoe/kayak slalom events during the Sydney 2000 Olympic Games. It is the only man-made whitewater course of its kind in the Southern Hemisphere.

Water in the channel flows at 14 cubic metres per second using 5 pumps. The channel itself is concrete, it is 320 metres long, drops 5.5 metres top to bottom and is constructed in a "U" shape. A moveable obstacle system makes it possible to change the whitewater.

More information about the Penrith Whitewater Stadium and associated activities can be found at www.penrithwhitewater.com.au

The Sydney International Regatta Centre (SIRC)

The Sydney International Regatta Centre is 44km west of Sydney Olympic Park, Homebush Bay, about one hour's drive from Sydney's central business district.

Set on 196 hectares of native and landscaped parkland it is one of the best rowing and sprint kayak courses in the world. The Centre won international acclaim while hosting 825 athletes from 56 countries during the Sydney 2000 Olympic Games.

It has now been re-invented to become a popular sporting, corporate and social venue and receives an average of 50,000 visitors a month.

The venue has a fully buoyed 2000m course with access via a warm up lake, a finish tower with photo finish and electronic timing equipment, grandstand and scoreboard.

http://www.regattacentre.nsw.gov.au/category.php?cat_id=1



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Key Contacts

2010 Oceania Open Website: www.oceania.canoe.org.au

Email: oceania@canoe.org.au

Oceania Open Organising Committee

Chair:	Sue Lyons	sueleese@hotmail.com
Members:	Daniel Pearce	daniel.pearce@canoe.org.au
	Richard Fox	richard.fox@canoe.org.au
	Helen Brownlee	helen.brownlee@olympics.com.au
	Sue Natoli	suenatoli@gmail.com

“Paddle Power” International Coaches conference

Coordinator: Ian Dewey ian.dewey@canoe.org.au

Penrith Accommodation Information:

Penrith Valley Visitor Information Centre

Phone: +61 2 4732 7672

Fax: +61 2 4732 7690

www.penrithvalley.com.au

Press and Media Information

The press accreditation form and a media guide will soon be available at
www.oceania.canoe.org.au <http://www.oceania.canoe.org.au/>

A high definition Video TV preview and highlights package will be supplied by Sportscene TV
www.sportscene.tv <http://www.sportscene.tv/>

A live broadcast of Video on Demand for the Oceania Open will be delivered by Sportstec.
www.sportstec.com <http://www.sportstec.com/> a sample of this service is available at
<http://icfvod.sportstec.tv/>,



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